

FAIRFAX CAMPUS
SUB I, Suite 2300
4400 University Drive, MS 2D3
Fairfax, VA 22030
(703) 993-2831 • Fax (703) 993-4365

Allergy Clinic Student / Employee Agreement

Student / Employee Name: _____

G#: _____

George Mason University Student Health Services at Fairfax offers allergy injection service for students receiving immunotherapy ordered by their private allergist. Registered nurses (RNs) are available to administer injections and consult with your allergists and Student Health Services healthcare providers as indicated.

To receive allergy injections you must be currently under the care of an allergist. If you are starting allergy injections, you must receive your first injection from your allergist.

To utilize this service, please follow the steps below. If you have questions, you may call 703-993-2831 to speak with the Immunization and Allergy Specialist.

1. Before coming to school you will need to have written documentation containing the following from your allergist:

- Contact information (name, address, phone number, fax number, and office hours) for the prescribing allergist's office
- The injection schedule
- The strength and/or contents of the allergy extracts
- The frequency and gradation of dosage increases
- Instructions for dosage adjustments if schedule is not maintained and/or if reaction occurs
- Documentation of any previous reactions to allergy injection(s)
- Steps to be taken in case of local or systemic reaction to the injection(s)

2. It is your responsibility as the patient to:

- Provide all required documentation.
- Update health status and/or any changes with Allergy Clinic RN prior to each injection.
- Remain in the clinic for 30 minutes after receiving regular allergy injections. You are required to have the injection site(s) evaluated by a staff RN prior to leaving the clinic.
- Remain in Student Health Services reception area after allergy injections are given and until a RN has evaluated you. This includes going to the restroom during the waiting period.
- Notify the nurse during your waiting period if you experience any of the following symptoms: swelling or itching at the injection site, wheezing, shortness of breath, coughing, hives, facial swelling, "pins-and-needles" sensations, skin flushing, runny nose, nasal congestion, sneezing, vomiting, diarrhea or stomach cramps.
- Report any delayed reactions by phone to Student Health Services. Allergic reactions can occur up to 24 hours after an injection. If you experience severe or persistent symptoms, such as

difficulty breathing, chest tightness, shortness of breath, coughing, hives and/or facial swelling, use your epi-pen if available and seek care immediately by calling 911. For mild symptoms, follow your allergist advice.

- Adhere to desensitization schedule.
- Obtain refills of serum in advance.
- Store serum appropriately, in a refrigerator, *not in the freezer* and use a cool pack during transport to and from Student Health Services.
- Make alternate arrangements for allergy injections during vacations and school closings.
- Inform the Allergy Nurse of any changes in address, phone number, health conditions, medications, or allergy information.
- Avoid vigorous exercise (jogging, gym workouts, etc.) at least 2 - 4 hours before and after injections.
- Comply with Allergy Clinic Agreement. Failure to comply may result in dismissal from the Allergy Clinic.

3. Before you receive your first injection, you must schedule an appointment with a Student Health Services healthcare provider. During this appointment, the provider will review your family, medical and allergy history, create your medical record and have you complete several forms. A baseline peak flow measurement may be obtained. If you have a peak flow meter, bring it to the visit. If you do not have a peak flow meter, you may purchase one from SHS. **Allergy injections will not be provided at this visit.**
4. Allergy injections are given by appointment. Refer to our website shs.gmu.edu for Allergy Clinic hours.
5. Unused vials left at Student Health Services will be discarded after the expiration date.
6. SHS will not ship allergy serum. Serum must be picked up by the student prior to leaving campus for planned semester breaks or vacation.
7. Please refer to the fee schedule for allergy injections on our website at: shs.gmu.edu. Fees may be paid by check, VISA, or Mastercard. Student Health Services does NOT bill insurance or accept cash for payment. A “no show” fee may be applied for missed appointments. I have read, understand and agree to all of the above.

Student/Employee Signature: _____

Printed Name: _____

G# _____

SHS Registered Nurse: _____ Date: _____