

How To: Sign Up for Text Messages from Student Health Services

Text message reminders from Student Health are now available. You can sign up for (opt-in) or choose to stop getting messages (opt-out) in the online Patient Portal. Data rates may apply for text messages.

STEP 1

Log into the Patient Portal. From the <u>shs.gmu.edu</u> website select "Patient Portal" in the navigation menu.

Follow the instructions. Select "George Mason University" as your school. You will need your Mason Net ID and Patriot Password to log in.

STEP 2

On the portal homepage, click the button at the top of the screen with YOUR NAME on it.



Select the link "Edit Your Profile" from the User Information box that opens.

STEP 4

On the Patient Information page, scroll down to the 'Cell Phone' field. Enter your U.S. cell phone number.

STEP 5

Check the box "I would like to receive text message reminders."

To opt-out: Uncheck the box

STEP 6

Click the SAVE button at the bottom of the page.

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