GEORGE MASON UNIVERSITY | Student Health Services

FAIRFAX CAMPUS
SUB 1, Room 2300
4400 University Drive, MS 2D3
Fairfax VA, 22030
(703) 993-2831 · Fax: (703) 993-4365

SCIENCE AND TECHNOLOGY CAMPUS
Occoquan Building, Room 229
10900 University Drive, MS 6D1
Manassas VA, 20110
(703) 993-8374 · Fax: (703) 993-1984

ARLINGTON CAMPUS
Founders Hall, Suite B 102
3351 Fairfax Drive, MS 1H7
Arlington VA, 22201
(703) 993-4863 · Fax: (703) 993-9425

Allergy Clinic Student/Employee Agreement Form

Student/Employee Name _____ G# _____

George Mason University Student Health Services offers allergy injection service for students receiving immunotherapy ordered by their private allergist. Registered nurses (RNs) are available to administer injections and consult with private allergists and Student Health Services healthcare providers as indicated.

To receive allergy injections, you must be currently under the care of an allergist. If you are starting allergy injections, you must receive your first injection from your allergist. If you are starting hymenoptera desensitization or Xolair you must receive your first two injections from your allergist.

To utilize this service, please follow the steps below. If you have questions, you may call 703-993-2831 to speak with the Immunization and Allergy Specialist.

1. Before coming to school you will need to have written documentation containing the following from your allergist:

- Contact information (name, address, phone number, fax number, and office hours) for the prescribing allergist's office
- The injection schedule
- The strength and/or contents of the allergy extracts
- The frequency and gradation of dosage increases
- Instructions for dosage adjustments if schedule is not maintained and/or if reaction occurs
- Documentation of any previous reactions to allergy injection(s)
- Steps to be taken in case of local or systemic reaction to the injection(s)

2. It is your responsibility as the patient to:

- Provide all required documentation.
- Update health status and/or any changes with Allergy Clinic RN prior to each injection.
- Remain in the clinic for 30 minutes after receiving regular allergy injections. If you are receiving Xolair or hymenoptera desensitization, you will be required to wait 60 minutes after the injection. You are required to have the injection site(s) evaluated, by a staff RN, prior to leaving the clinic.
- Stay in Student Health Services after Allergy Injections until you have been evaluated by an RN (no leaving the clinic to go to Chic-Fil-A, dorm, etc.).
- Not to go to the bathroom after Allergy Injections during the waiting period, until you been evaluated by an RN.

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- Notify the nurse during your waiting period if you experience any of the following symptoms: swelling or itching at the injection site, wheezing, shortness of breath, coughing, hives, facial swelling, "pins-and-needles" sensations, skin flushing, runny nose, nasal congestion, sneezing, vomiting, diarrhea or stomach cramps.
- Report any delayed reactions, by phone, email, or stopping by Student Health Services, which occur up to 24 hours after an injection. If you have severe or persistent symptoms, such as difficulty breathing, chest tightness, shortness of breath, coughing, hives and/or facial swelling, call 911 or go to your nearest emergency room. For mild symptoms, follow your allergist advice.
- Adhere to desensitization schedule.
- Obtain refills of serum in advance.
- Store serum appropriately, in a refrigerator or on ice, *not in the freezer*, during transport to and from Student Health Services.
- Make alternate arrangements for allergy injections during vacations and school closings.
- Inform the Allergy Nurse of any changes in address, phone number, health conditions, medications, or allergy information.
- Avoid vigorous exercise (jogging, gym workouts, etc.) at least 2 - 4 hours before and after injections.
- Comply with Allergy Clinic Agreement. Failure to comply may result in dismissal from the Allergy Clinic.

3. Before you receive your first injection, you must schedule an appointment with a Student Health Services healthcare provider. During this appointment, the provider will review your family, medical and allergy history, create your medical record and have you complete several forms. **Allergy injections will not be provided at this visit.**

4. Allergy injections are only given when a physician is present in Student Health Services, as a result, if a physician is not available, you will be contacted by Student Health Services Staff to reschedule your allergy injection appointment. Allergy Injections are given by appointment. Refer to our website http://shs.gmu.edu/ for Allergy Clinic hours.

5. Unused vials left at Student Health Services will be discarded after the expiration date.

6. Please refer to the fee schedule for allergy injections on our website at: shs.gmu.edu. Fees may be paid by check, VISA, Mastercard or Mason Money-Retail. Student Health Services does NOT bill insurance or accept cash for payment. A “no show” fee may be applied for missed appointments.

I have read, understand and agree to all of the above.

Student/Employee Signature: _____

Printed Name _____ G# _____

Student Health Services Nurse: _____ Date _____