

## Allergy Clinic Student Agreement

George Mason University Student Health Services offers an allergy injection service for students receiving immunotherapy ordered by their private allergist. Registered nurses are available to administer injections, coordinate the clinic, and consult with private allergists and SHS providers as indicated.

To receive allergy injections, you must be currently under the care of an allergist. If you are just starting allergy injections, you must receive your first injection from your allergist. If you are starting hymenoptera desensitization you must receive your first two injections from your allergist.

To utilize this service, please follow the steps below. If you have questions, you may call 703-993-2831 to speak with an allergy nurse.

1. Before coming to school be sure you have written documentation containing the following from your allergist:
  - a. Contact information (name, address, phone number, fax number) for the prescribing allergist's office
  - b. The injection schedule
  - c. The strength and/or contents of the allergy extracts.
  - d. The frequency and gradation of dosage increases
  - e. Instructions for dosage adjustments if schedule is not maintained or if reaction occurs
  - f. Documentation of any previous reactions to allergy injection(s)
  - g. Steps to be taken in case of local or systemic reaction to the injection(s)
2. Read and sign a copy of this policy and procedure
3. Before you receive your first injection, you must schedule an Allergy Consult Appointment with a Student Health Services provider. During this approximately 20-minute appointment, the provider will review your medical and allergy history, create your medical record and have you complete several forms. Allergy injections will not be provided at this visit.
4. You are expected to come for the regularly scheduled injections, except in cases of illness. Failing to maintain the injection schedule may require a call to the allergist, which could further extend the wait time.
5. It is your responsibility to make arrangements for your allergy injections during vacations and school closings.

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6. Allergy injections are only given when a physician is present in Student Health Services. No appointment is necessary for the Allergy Clinic. Refer to our website <http://shs.gmu.edu/> for Allergy Clinic hours. You must allow sufficient time to complete the mandatory wait time prior to the close of clinic.
7. Due to the possibility of a serious reaction, there is a mandatory 30-minute wait (or longer if your allergist prescribes) in Student Health Services when you receive your injection. All students must remain in the waiting room until the injection sites are checked by a nurse. We will not continue giving injections to patients who refuse to wait or be checked. There are NO exceptions.
8. Notify the nurse during your waiting period if you experience any of the following symptoms: swelling or itching at the injection site, wheezing, shortness of breath, coughing, hives, facial swelling, "pins-and-needles" sensations of skin flushing, runny nose, nasal congestion, or sneezing.
9. Delayed reactions are possible. Persistent or severe symptoms require immediate medical attention by calling 911. For mild symptoms, take an antihistamine as advised by your allergist (Allegra, Zyrtec, Claritin or Benadryl).
10. Report any delayed reaction to the nurse before receiving any additional injections.
11. You are responsible for informing the Allergy Clinic staff of any changes in address, phone number, health conditions, or allergy information.
12. You will be notified when the allergy extract is low. The Allergy Clinic nurses are happy to assist you in reordering extract but it is ultimately your responsibility to reorder and obtain replacement allergy extract. Allergy extracts must be mailed directly to you, not to Student Health Services.
13. Vials left unused at Student Health Services will be discarded after the expiration date.
14. It is recommended to wait 48 hours before and after allergy injections before receiving any other type of immunizations, such as Flu vaccine.
15. Avoid vigorous exercise (jogging, gym workouts, etc.) at least one hour—preferably two—before and after injections.
16. Please refer to the fee schedule for allergy injections. Fees may be paid by cash, check, credit card or Mason Money. Student Health Services does NOT bill insurance.

I have read, understand and agree to all of the above.

Student's Signature \_\_\_\_\_

G# \_\_\_\_\_ Date \_\_\_\_\_